

## Resolve Life's Challenges

Personal Counseling  
Support Groups  
Therapeutic Music

Beginning his career in the mental health profession 40 years ago, Paul worked as a music therapist and group psychotherapist at McLean Hospital in Massachusetts, one of the top-ranking psychiatric institutions in the world.

Paul's innovative work in the field of music therapy, was documented in a critically acclaimed book chronicling the history of the mental health profession.

Paul later worked for the California State Department of Mental Health as the director of a community mental health center and in several other mental health facilities.

Paul Roberts, Psychotherapist  
Listed in State of Colorado  
Mental Health Database

The better you are feeling...  
the better your life will be. Those around you  
will benefit, too. In a private and  
confidential phone session, delve deeply into  
your thoughts and feelings by using a self-help  
strategy to improve your life and relationships  
with others.

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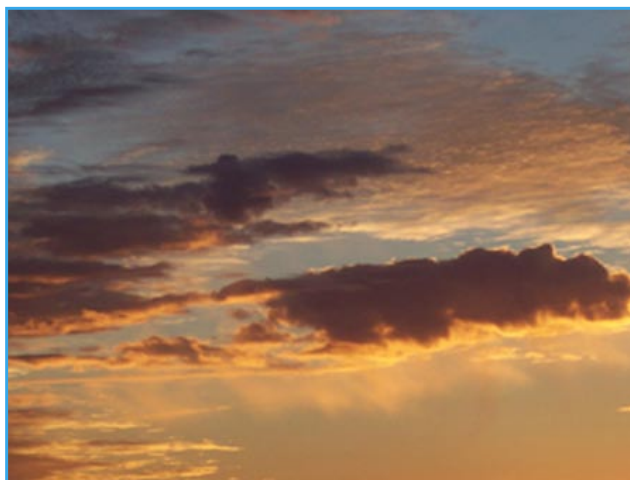
### Paul has worked with people from all walks of life...

Paul's goal is to help his clients empower them-  
selves to experience their lives more meaning-  
fully and fully

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### Encouraging a greater sense of health and happiness...

Paul works with those who are interested in  
delving deeply into their thoughts and  
feelings, attaining clarity and insight,  
resolving challenges and reaching goals.



# Speak to Paul

## Compassionate Counseling

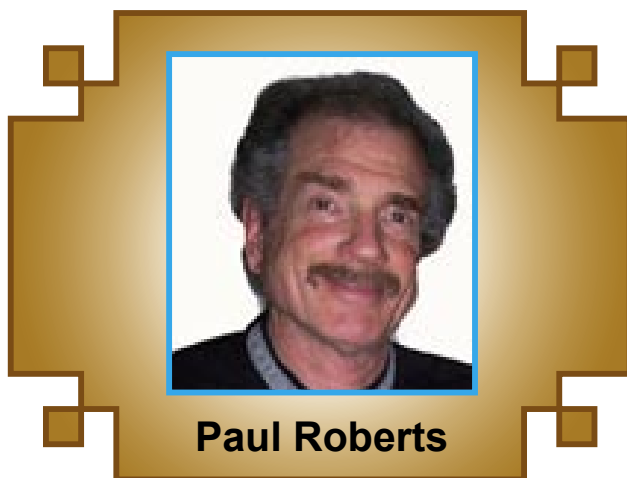


**Paul Roberts**

**call for a complimentary session**

970-731-3117

**SpeakToPaul.com**



### **Professional Experience**

As a mental health practitioner with wide-ranging experience, Paul has benefited from much high-level professional supervision and intensive training.

Paul was a protégé of Morrie Schwartz, the real-life hero of *Tuesdays With Morrie*, who rocked the world with his compassionate wisdom.

*“I have nothing but the highest regard for Paul Roberts. The more I came to know him, the more I came to respect his energy, his dedication, and his depth as a human being.”*

**Morrie Schwartz**

Working as a music therapist, group therapist and counselor, Paul had the honor of being mentored by Morrie Schwartz, a truly great teacher of our time. Morrie was a renowned authority on mental health, an inspiring professor of sociology and compassionate psychotherapist.

## **Confidential and Caring**

### **Feel better about yourself...**

by developing a self-help strategy through validating, life-affirming, non-diagnostic counseling sessions.

### **When was the last time someone really listened to you?**

Express your feelings in confidential in-person or phone sessions with a compassionate listener who will assist you in discovering your positive potential.

### **Every day is a new beginning...**

presenting you with opportunities to create positive changes in your life. Paul encourages his clients to nurture health and happiness in their lives, attain clarity and insight, resolve challenges and reach their goals.

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*“It’s so good for me to have someone to talk to. You don’t dismiss or trivialize my concerns and you always manage to put them in perspective. Thank you!”*

**Client Testimonial**

# *Speak to Paul*

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Pagosa Springs, Colorado  
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